

UNDER THE JUNGLE STAGE SCHEDULE



Below is the suggested schedule for Under the Jungle's Sidemount Diver Course. We will adjust the schedule to suit student abilities and time requirements. The more theory you can review and learn before the course, the more efficient your course will be and the more you will get out of it.

Presentations are at: www.underthejungle.com -> Downloads -> Student Resources -> Stage Cave.

DAY 1: BASICS - SUGGESTED SITE TAJMA HA

UNIT 1

- Theory: Stage 1 -- Basics and Gear
- Gear set up workshop
- Land drill: donning your stage in water/pre-dive checks
- Land drill: switch (and stow) / switch back
- Land drill: standard stage drops

UNIT 2

- Don gear in water
- Demonstration: in water checks
- Initial swim with tanks
- Switch (and stow) / switch back
- Stage drops and pick ups
- Trim /buoyancy assessment at 40 BAR / 600 PSI
- Clip stage to b-ring to observe trim improvement
- Debriefing at shop/ gear adjustments + log dive

DAY 2: EMERGENCY SKILLS - SUGGESTED SITE MEDIA LUNA

UNIT 3

- Theory: Stage 2 - Gas Management
- Land drill: low impact stage drops
- Land drill: hose entanglement drill
- Land drill: airshare two ways
- Land drill: shutdowns
- Land drill: stage neck bungee replacement
- Land drill: lower tank clip failure (day optional)

UNIT 4

- Don gear in water and perform checks
- Initial swim with tanks
- Switch/drop practice
- Low impact stage drops and pick ups
- Hose entanglement drill
- Air shares two ways
- Valve shut downs
- Stage neck bungee replacement
- Stage lower clip failure
- Debriefing at shop/ gear adjustments + log dive

UNIT 5

- Theory: Stage 3 - Drop Sites and Procedures
- Land drill of drops

DAY 3: STANDARD DROPS - SUGGESTED SITE PONDEROSA

UNIT 6 - Short dive with drops

- Gear up and dry check
- Don tanks
- Pre-dive checks
- Controlled team descent
- Air share with stage
- Run reel
- Switch and drop
- Retrieve reel and safety stop
- valve shut down
- Debriefing + log dive

UNIT 7 -Short dive with drops

- Gear up and dry check
- Don tanks
- Pre-dive checks
- Controlled team descent
- Air share with stage
- Run reel
- Switch and drop
- Surprise skills
- Retrieve reel and safety stop
- Valve shut down
- Debriefing + log dives

UNIT 8

- Theory: Stage 4 - recalculations
- Land drill: recalculations
- Land drill: zero viz pickups
- Land Drill: stage removal and swim

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DAY 4: ZERO VIZ - SUGGESTED SITE X'TABAY

UNIT 9 - Open water skill practice dive

- Gear up and dry check
- Don tanks
- Pre-dive checks
- Controlled team descent
- Zero viz pick ups
- Stage removal in open water

UNIT 10 - Stage dive

- Gear up and dry check
- Don tanks
- Pre-dive checks
- Controlled team descent
- Air share drill
- Run reel
- Switch and drop
- Recalculations
- Zero visibility pick ups
- Debrief and log dive

UNIT 11 - Land drill

- Bump and go
- Zero viz pick-up review
- Zero vis stage removal

DAY 5: RESTRICTIONS - SUGGESTED MINOTAURO/ 27 STEPS

UNIT 12 - Open water skill practice

- Gear up and dry check
- Don tanks
- Pre-dive checks
- Controlled team descent
- Stage removal with visibility
- Stage switch and drop with visibility
- Zero viz stage pick up
- Zero viz stage removal and replacement
- Problem management in zero visibility
- Debrief and log dive

UNIT 13 - Stage dive with restrictions

- Gear up and dry check
- Don tanks
- Pre-dive checks
- Controlled team descent
- Air share
- Long stage dive with drops
- Stage removal (copy cat method)
- Recalculations
- Surprise skills in cave
- Safety stop with valve drill
- Debrief and log dive

UNIT 14 - Advanced gas management

- Theory: Advanced gas management/ dissimilar tanks